



# DIVISION 52

## WEBINAR

This Webinar is open to the public and will be followed by an opportunity to ask the presenter questions



### Everything You Ever Wanted to Know About Shyness but Were Too Shy to Ask: Personal Cultural Considerations

**Bernardo J. Carducci, Ph.D.**

**Moderator: Dr. Philip Zimbardo, Ph.D.**

Although a common experience in cultures around the world, shyness is a pervasive but highly misunderstood personality characteristic. This presentation will include a discussion of such topics as the characteristics features and some misconceptions of shyness, the identification of common problems areas of shyness, and an examination of some frequently used self-selected strategies for dealing with shyness. In addition, materials for helping professionals to develop their own program of shyness research and incorporate the study of shyness into educational, community, and mental health settings will also be provided.

**Presenter:** Dr. Carducci is Professor Emeritus of Psychology and Director of the Shyness Research Institute at Indiana University Southeast. He is the author of several books, including *The Pocket Guide to Making Successful Small Talk: How to Talk to Anyone Anytime about Anything*; *Shyness: A Bold new Approach*; *The Shyness Breakthrough: A No Stress Plan to Help your Shy Child Warm Up, Open Up, and Join the Fun*. In addition, he is a fellow of Division 1: General Psychology, Division 2: Teaching of Psychology, Division 8: Personality and Social Psychology, and Division 52: International Psychology of the American Psychological Association.

**Date: October 12, 2018, 11am-12:00pm PST/ 2:00pm-3:00pm EST**

**Registration link: <https://div52.org/index.php/activities/webinars>**

Psychologist (more than 10 years past degree) .....	\$25
Early Career (within 10 years of degree) .....	\$15
Student .....	\$10

**Take \$5 Discount if 52 members; Add \$15 if you would like 1 CE Credit**

**Cancellation Policy: No refunds will be provided except when Division 52 Webinar Committee cancels the webinar.**

This program, when attended in its entirety, is available for 1 continuing education credit. Seattle Pacific University (SPU) is approved by the American Psychological Association to sponsor continuing education for psychologists. SPU maintains responsibility for this program and its content.

**Learning Objectives (The webinar fits levels of introductory and intermediate.):**

- Learn about the characteristic features and underlying dynamics of shyness.
- Gain an understanding of the experience of and common responses to the expression of shyness.
- Be able to begin to develop their own basic research program on shyness and incorporate the study of shyness into educational, community and mental health settings.



# DIVISION 52

## WEBINAR

This Webinar is open to the public and will be followed by an opportunity to ask the presenter questions



### A Journey to Learning and Training in Psychology: Perspective of an International Student

**Seema Jacob, Psy.D. & Dara Zafran, Psy.D.**

**Moderator: LeAnn DeHoff, Ph.D.**

The presentation will involve discussing the journey of international students navigating graduate and postgraduate training opportunities in the United States of America. There are currently 1.18 million international students in the US and 12% of these international students are enrolled in doctoral programs (June 2017). This presentation will provide an overview about different international student / "non-resident alien" statuses and potential paperwork and constraints involved with the training requirements for graduate students pursuing a doctoral level training in psychology. Additionally, this presentation will also involve a personal reflection of a psychologist's journey through graduate school, internship, and postdoctoral training to highlight some of the experiences and specific issues faced by international scholars. This presentation is not comprehensive about the legal requirements for international students / "non-resident aliens" and it is highly recommended to consult relevant legal experts.

*Dr. Jacob is an Assistant Professor in the Department of Pediatrics, School of Medicine at the University of New Mexico. She also conducts supervision and training of international students and provide clinical education of global mental health.*

*Dr. Zafran is an early career clinical psychologist and Assistant Professor. Her research is in student development and international experiential service learning.*

**Date: September 13, 2018, 3:00pm-4:00pm EST / 12:00pm-1:00pm PST**

**Registration link: <https://div52.org/index.php/activities/webinars>**

Psychologist (more than 10 years past degree) .....	\$25
Early Career (within 10 years of degree) .....	\$15
Student .....	\$10

**Take \$5 Discount if 52 members; Add \$15 if you would like 1 CE Credit**

**Cancellation Policy: No refunds will be provided except when Division 52 Webinar Committee cancels the webinar.**

This program, when attended in its entirety, is available for 1 continuing education credit. Seattle Pacific University (SPU) is approved by the American Psychological Association to sponsor continuing education for psychologists. SPU maintains responsibility for this program and its content.

#### **Learning Objectives** (The webinar fits levels of introductory and intermediate.):

- To educate the audience about the unique needs of international students
- To increase awareness of the potential challenges and processes faced by doctoral level international students in psychology.
- To promote application of the knowledge on the unique needs of international scholars/students to better support the success in their educational journey in a foreign country.